

Types of Truism

A truism is a statement that is so obviously true that it doesn't need to be questioned, or really even said. Although at first glance a truism might seem profound or insightful, it actually says nothing new or interesting. Many clichés and idioms are also truisms. There's a catch though: truisms are subjective. The determination whether something is a truism or a helpful insight lies with the person on the receiving end of the statement.

Although most truisms are just bland statements, there are a few specific kinds of truisms:

- A platitude is a truism about a moral topic that has been overused.
- A bromide is a truism that says something comforting, but trite and unoriginal.

DIRECTIONS: Is each statement below a platitude or a bromide?

- _____ 1. Everything happens for a reason.
- _____ 2. Follow your bliss.
- _____ 3. It is what it is.
- _____ 4. Good things come to those who wait.
- _____ 5. Time heals all wounds.

