

Mental Wellness Month

Answer Key

Correction Marks

In the cozy town of Serenityville, there lived **a groups** of animal friends who valued mental wellness above all else. They understood that taking care of their minds was just as important as looking after their bodies.

One sunny morning, they gathered in the **serenee** meadow to practice mindfulness. They closed their eyes, took deep breaths, and listened to the soothing sounds of nature. It helped them feel calm and peaceful inside.

The animal friends also knew the importance of talking about their feelings. They would often have "heart-to-heart" talks, sharing their worries and joys, making them feel supported and loved **d**.

In Serenityville, kindness was the golden rule, and the animals would often surprise each other with acts of compassion, like leaving encouraging notes or offering a helping paw. They understood that being kind not only made others happy but also brought a sense of fulfillment to their own hearts.

As time passed, the animals of Serenityville continued their journey toward mental wellness, knowing that by taking care of their minds and spreading love and kindness, they created a harmonious and joyful **comomunity** for everyone to enjoy.

Complete Passage

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