

Name _____

Great American Smokeout

Answer Key - Correction Marks

Tobacco is harmfully to health for several compelling reasons. It is a leading cause of preventable death worldwide. Smoking tobacco products, such as cigarettes and cigars, exposes individuals to a cocktail of toxics chemicals, including nicotine, tar, and carbon monoxide. Nicotine is highly addictive, making it difficult for users to quit, while tar and carbon monoxide harm the respiratory and cardiovascular systems. This combination significantly increases the risk of life-threatening conditions such as lung cancer, heart disease, stroke, and chronic obstructive pulmonary disease (COPD).

Tobacco use doesn't only affect smokers; it also poses risks to those exposed to secondhand smoke. Secondhand smoke contains many of the same harmful chemicals as firsthand smoke and can lead to various health issues in nonsmokers, including respiratory problems, heart disease, and even sudden infant death syndrome (SIDS) in babies exposed to it. Smokeless tobacco products, like chewing tobacco and snuff, can cause oral and throat cancers, as well as dental problems like gum disease and tooth loss. Overall, the detrimental health effects of tobacco underscore the importance of quitting and preventing tobacco use to improve both individual well-being and public health.

Complete Passage

Tobacco is harmful to health for several compelling reasons. It is a leading cause of preventable death worldwide. Smoking tobacco products, such as cigarettes and cigars, exposes individuals to a cocktail of toxic chemicals, including nicotine, tar, and carbon monoxide. Nicotine is highly addictive, making it difficult for users to quit, while tar and carbon monoxide harm the respiratory and cardiovascular systems. This combination significantly increases the risk of life-threatening conditions such as lung cancer, heart disease, stroke, and chronic obstructive pulmonary disease (COPD).

Tobacco use doesn't only affect smokers; it also poses risks to those exposed to secondhand smoke. Secondhand smoke contains many of the same harmful chemicals as firsthand smoke and can lead to various health issues in nonsmokers, including respiratory problems, heart disease, and even sudden infant death syndrome (SIDS) in babies exposed to it. Smokeless tobacco products, like chewing tobacco and snuff, can cause oral and throat cancers, as well as dental problems like gum disease and tooth loss. Overall, the detrimental health effects of tobacco underscore the importance of quitting and preventing tobacco use to improve both individual well-being and public health.