

American Heart Month

Answer Key

Correction Marks

In a land where hearts were as precious as gold, there was a special month known as American Heart Month. Children like Emma and Jake loved this time of year because it reminded them to take good care of their hearts. They decided to embark on a heart-healthy adventure together.

They started by learning about nutritious foods that made their hearts happy, like colourful fruits and crunchy veggies. Then, they laced up their sneakers and went for long walks in the fresh air, feeling their hearts beat strong and steady.

One sunny afternoon, Emma and Jake organized a jump-rope competition with their friends, giggling and hopping to their hearts' content. They knew that American Heart Month was about more than just candy and treats; it was a time to celebrate the beating hearts inside them and spread the word about how to keep those hearts strong and healthy.

As the month ended, they felt grateful for their amazing hearts and promised to take care of them every day, making every month a heart-healthy one.

Complete Passage

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