

What's the Central Idea?



Amelia was tired on the first day of school. She had trouble sleeping the night before because she was nervous. Would she have friends in her class? Would she like her teacher? She tossed and turned all night. When her alarm went off, she hit snooze again and again. Finally, her mother came upstairs and told her she had to get out of bed. "You're going to be late!" her mother said. Amelia rolled over and pulled the covers over her head. "I'm going to sleep today," she told her mother. "I will start school tomorrow."

What is the Central Idea of this paragraph?

What details does the author use to develop this Central Idea?
