



ANSWERS

A GOOD Relationship:

Yes/No

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|--|------------|
| 1. Makes me feel good about myself | <u>Yes</u> |
| 2. Involves compromise | <u>Yes</u> |
| 3. Hurts my feelings or embarasses me | <u>No</u> |
| 4. Involves trust and follow-through | <u>Yes</u> |
| 5. Involves violence | <u>No</u> |
| 6. Includes enjoying things together | <u>Yes</u> |
| 7. Involves mutual respect and/or affection | <u>Yes</u> |
| 8. Includes positive communication | <u>Yes</u> |
| 9. Means considering each other's feelings | <u>Yes</u> |
| 10. means solving problems constructively | <u>Yes</u> |
| 11. Scares me, my friends, or my family | <u>No</u> |
| 12. Includes respecting boundaries and rules | <u>Yes</u> |
| 13. Includes a lot of yelling | <u>No</u> |
| 14. Includes pressure | <u>No</u> |
| 15. Includes giving each other ultimatums | <u>No</u> |