

Name \_\_\_\_\_

## Labelling Push and Pull Forces

If you use your hands or body to make something move away from you, **that's a push**. Imagine you're at the playground and you give your friend a gentle shove on the swing to make them go. **That's pushing!**

But if you use your hands or body to bring something closer to you, that's a pull. Like when you reel in a kite that's flying high in the sky, you're pulling it back down to you.

### Quick Tip

If it's moving away because of what you're doing - **it's a push**.

If it's coming closer because of what you're doing - **it's a pull**.

**Directions:** Describe each of the types of forces displayed below as a push or pull force.

