

Name _____



Nurses: Our Caring Helpers

Nurses are special people who help take care of us when we are sick or hurt. They play an important role in our community and make sure we feel better. Let's learn about how nurses help us!

Firstly, nurses help us when we go to the hospital or doctor's office. They are kind and friendly. When we are not feeling well, they check how we are doing and ask us questions to understand what is wrong. They use special tools like stethoscopes to listen to our hearts and thermometers to check our temperature.

Secondly, nurses give us medicine to help us feel better. They know the right medicine for different kinds of illnesses. They make sure we take the medicine at the right time and in the right amount. Sometimes they even give us band-aids to cover our cuts and boo-boos.

Thirdly, nurses help doctors during check-ups and operations. They help to make sure everything is ready and safe. They give the doctor the tools they need and take care of us while the doctor is working. They are very important members of the healthcare team.

Furthermore, nurses also teach us about staying healthy. They tell us how to wash our hands properly and how to eat nutritious food. They teach us to cover our mouths when we cough or sneeze, and they remind us to get enough sleep and exercise.

Answer the Following Questions:

1. Who are nurses? _____
2. How do nurses help us when we are not feeling well? _____
3. What do nurses give us to help us feel better? _____
4. What do nurses do during check-ups and operations? _____
5. What do nurses teach us about? _____