

Name \_\_\_\_\_

## The Cons of Social Media

Social media, like Instagram, Facebook, TikTok, and Snapchat, can be fun and useful. We can stay connected with friends, share pictures, and learn new things. However, it's also important to understand the negative aspects of social media.

One downside is that social media can sometimes make us feel bad about ourselves. People often post pictures or videos of their best moments, which can make their lives seem perfect. It's easy to start comparing ourselves with these images and feel like we're not doing as well.

Another problem is cyberbullying, which happens when people use social media to say mean or hurtful things to others. This can make people feel very sad and unsafe. It's important to remember that everyone deserves to be treated with respect, both in person and online.

Also, social media can be addictive. It's so easy to scroll, click, and swipe, and before we know it, we've spent hours on our screens! This can take time away from other important activities, like doing homework, playing outside, or spending time with our family.

Lastly, social media can sometimes spread fake news or misinformation. This means information that is not true or is misleading. Sharing fake news can cause confusion and harm.

So, while social media has many benefits, it's also important to use it responsibly. We should be careful about what we share and how much time we spend online, and always treat others with kindness. If something on social media upsets you or doesn't seem right, it's a good idea to talk to a trusted adult about it.



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Reading Comprehension Questions:

1. How can social media make us feel bad about ourselves?
2. What is cyberbullying and why is it a problem on social media?
3. Why can social media be addictive?
4. How can social media spread fake news or misinformation?
5. What are some ways to use social media responsibly?

