

Name \_\_\_\_\_



## Volleyball

Get ready to serve, set, and spike! Volleyball is an exciting sport that is enjoyed by people all around the world. It's a game of teamwork, skill, and strategy played on a rectangular court. Let's learn more about this energetic sport!

Volleyball is played between two teams, each consisting of six players. The objective of the game is to score points by hitting a ball over the net and into the opponent's court, while preventing the other team from doing the same. The team that reaches a certain number of points first wins the set, and the team that wins the majority of sets wins the match.

The game starts with a serve. The server stands behind the end line and hits the ball over the net to the other team. The receiving team must try to pass the ball to a teammate using their forearms or hands. This is called a pass or a bump. The team then has three hits to return the ball over the net.

Players use different techniques to hit the ball. The most common hitting technique is the "spike" or "attack." A player jumps near the net and uses an open hand to forcefully hit the ball into the opponent's court. Another technique is the "volley" or "set," where a player uses their fingertips to direct the ball to a teammate for a potential attack.

Volleyball matches are usually played in sets, and each set is played until one team reaches 25 points (some variations may have different point limits). If both teams are tied at 24 points, they will continue playing until one team wins by a margin of two points.

Communication and teamwork are crucial in volleyball. Players must call out to each other, coordinate their movements, and support one another to keep the ball in play. It's important to work together as a team to win matches.

Volleyball is a sport that can be played both indoors and outdoors. Indoor volleyball is played on a hard court, while beach volleyball is played on sand. Beach volleyball is a popular variation of the game that is often played in sunny coastal areas.

Volleyball is a fantastic way to stay active and have fun. It helps develop coordination, agility, and teamwork skills. Whether playing in a school gym or on a sandy beach, volleyball is a sport that brings people together and creates exciting moments.

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### Reading Comprehension Questions

1. How many players are there on each team in volleyball?
2. What is the objective of volleyball?
3. What is a spike in volleyball?
4. How is a set in volleyball different from a spike?
5. What is the difference between indoor and beach volleyball?