

Name _____

Football

Do you like sports? If so, you might already know about American football! It's a very popular sport in the United States, and it's known for its thrilling action and clever strategies. The professional league the National Football League (NFL) has over 16 million people attend games annual. This is also matched by the number of people that watch games on their devices. Let's learn more about it!



American football is a game played between two teams, each with 11 players. The field is 100 yards long, and each end of the field has a goal post. The main goal of the game is to score more points than the other team.

Scoring can happen in several ways. One way is by making a touchdown, which happens when a player carries the football into the opposing team's end zone or catches the football while in the end zone. This is worth 6 points. After a touchdown, the team has a chance to get an extra point by kicking the football through the goal post.

Another way to score is through a field goal. This happens when a player kicks the football through the goal post during normal play, and it's worth 3 points. The last way to score is called a safety, which happens when the opposing team's player is tackled with the football in their own end zone. This gives the tackling team 2 points.

During the game, the team with the football, known as the offense, tries to move the ball down the field by running with it or throwing it. The other team, called the defense, tries to stop them. The teams take turns being offense and defense.

American football games are divided into four quarters, each lasting 15 minutes in professional games. The biggest game of the year is the Super Bowl, where the top teams from two leagues play against each other.

American football is not just about physical strength but also about strategy and teamwork. It's a fun sport to watch and even more fun to play!

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Reading Comprehension Questions

1. How many players are there on each team in American football?
2. What is a touchdown, and how many points is it worth?
3. What is a field goal, and how many points is it worth?
4. What are the offense and defense in American football?
5. What is the Super Bowl?

