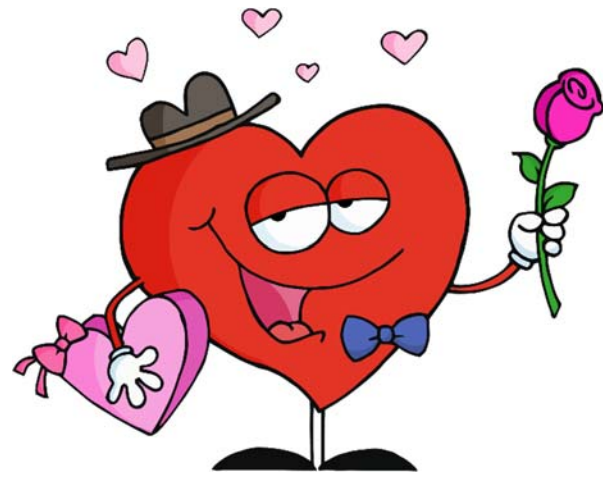Name _____

What is Valentine's Day?

Valentine's Day is a special day that we celebrate every year on February 14. The purpose of this day is to express love and appreciation for the people we care about.

The history of Valentine's Day goes back many, many years. The holiday is named after a person named Saint Valentine. He was a kind man who lived a long time ago in Rome. Legend says that Saint Valentine helped couples get married when the ruler, called the Emperor, said they couldn't. Because of this, Saint Valentine is often thought of as a symbol of love and kindness.

Over time, Valentine's Day became a day to celebrate love. In the Middle Ages, which were hundreds of years ago, it was believed in France and England that February 14 was the beginning of birds' mating season. This added to the idea that Valentine's Day should be a day for romance.

Nowadays, people celebrate Valentine's Day in many different ways. Some people send cards called "valentines" to their friends, family, and people they care about. These cards often have sweet messages and are decorated with hearts to symbolize love. Other people give gifts, like flowers, chocolates, or stuffed animals. Schools often have Valentine's Day parties, where students can exchange valentines with their classmates.

It's important to remember that Valentine's Day is not just for couples. It's a day to show love and kindness to everyone important to you, whether they're your friends, your family, or your teachers. Valentine's Day is a reminder to tell the people you care about just how much they mean to you!

Name _____

What is Valentine's Day?

Reading Comprehension Questions

1. When do we celebrate Valentine's Day?

2. Who was Saint Valentine?

3. Why did people in the Middle Ages believe Valentine's Day was a day for romance?

4. What are some ways people celebrate Valentine's Day today?

5. Who can you celebrate Valentine's Day with?