

NAME: -----

5 FOOD GROUPS

Classify these pictures below into the correct group.



Cakes



Fruits



Fried Food



Vegetables



Pulses

Pulses



Cheese



Rice & Grains













Meat, fish, poultry & eggs



Yogurt



Cereals

Carbohydrate	Fruits & vegetables	Protein	Dairy product	Fat & Sugary food
 Rice & Grains	 Fruits	 Pulses	 Cheese	 Cakes
 Cereals	 Vegetables	 Meat, fish, poultry & eggs	 Yogurt	 Fried Food

How Did You Do? 😊 😐 😞