

Name \_\_\_\_\_ **Self-Reflection**



# Self-Reflection

**DIRECTIONS:** Choose one of the topics below for a reflective essay.

a time you failed at something and what you learned

what makes you feel proud of yourself

your philosophy of life

something you regret

your core values

what you value the most in other people

something you believe is always wrong

something you believe is always right

a place you love that has meaning for you

a significant family experience

a relationship you have with an animal

a significant school experience