



Avoiding Conflict

DIRECTIONS: Describe how each behavior helps to avoid conflict.

Do not lose your temper.	
Agree to speak when you are both calm.	
If engaging will only escalate the situation, don't engage.	
Compromise.	
Do not get physical.	
Know what is acceptable to you and what isn't.	
If appropriate, ignore the problem comment or behavior.	
Avoid foul language	
Be prepared to ask for help if you need it.	
Keep your word.	