

Name _____ **Conflict Resolution**



5 Steps to Conflict Resolution

Think about a conflict you have had with someone. How did you address each step? What happened? If you didn't address this step, why not? How do you think things would have been different if you had?

Steps to Resolve Conflict	How did you do it?	What happened?
1 Acknowledge there is a conflict.		
2 Clarify exactly what the issue is.		
3 Talk to the person with whom you have the conflict.		
5 Identify a solution that includes elements you can both agree on.		
6 Monitor how things go from there and follow up as needed.		