

Name _____

Conflict Resolution

1. Describe a recent conflict you have had recently.

2. What strategies did you use to try and solve it?

- | | | |
|---------------------------------------|---|--|
| <input type="checkbox"/> Redirection | <input type="checkbox"/> Humor | <input type="checkbox"/> Sharing |
| <input type="checkbox"/> Ignoring | <input type="checkbox"/> Setting expectations | <input type="checkbox"/> Discouraging behavior |
| <input type="checkbox"/> Be accepting | <input type="checkbox"/> Suggest alternatives | <input type="checkbox"/> Reassure |
| <input type="checkbox"/> Be fair | <input type="checkbox"/> Apologize | <input type="checkbox"/> Forgive |
| <input type="checkbox"/> Take turns | <input type="checkbox"/> Model behavior | <input type="checkbox"/> Don't blame |



3. For each strategy you used, write down what happened.

4. What worked the best?
