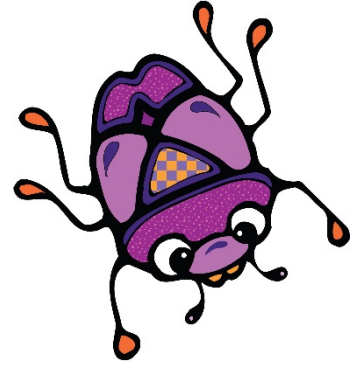


Would You Eat a Bug?



Do you know that many people around the world eat insects every day as a main part of their diet? In fact, people have always eaten insects. Today, eating insects is most common in Africa, where there are over 500 species of edible insects. These include caterpillars, termites, locusts, grasshoppers, crickets, ants, bees, bugs, and beetles. The main countries where people eat insects are the Democratic Republic of the Congo, Congo, the Central African Republic, Cameroon, Uganda, Zambia, Zimbabwe, Nigeria and South Africa.

In other countries, some people are trying to promote eating insects as a way to provide more food as the Earth's population continues to grow. In countries that already eat insects, edible insects are found in the wild. Science is still trying to understand how they could be mass produced for mass consumption.

1. Eating insects is most common in _____.

2. Name four edible insects.

3. Why do some people think everyone should eat insects?
