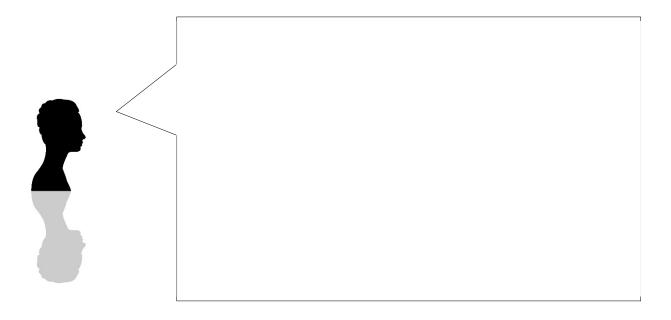
I Statements

Think about something that happened to you recently that made you angry, hurt, sad, disappointed, etc. What did the other person say to you? Write it in the speech bubble. In the second speech bubble, write a response to the other person in the form of an I Statement.



l feel when	
because	
I need	