

Name _____ **I Statements**

I Statements

Think about something that happened to you recently that made you angry, hurt, sad, disappointed, etc. What did the other person say to you? Write it in the speech bubble. In the second speech bubble, write a response to the other person in the form of an I Statement.

A large, empty speech bubble with a tail pointing towards the silhouette of the person on the left. It is intended for writing a response to the other person.

I feel _____

when _____

because _____

I need _____

A large, empty speech bubble with a tail pointing towards the silhouette of the person on the right. It is intended for writing an I statement in response to the other person.