

Name _____ **Conflict Resolution**



Conflict Resolution

Think about a conflict that you experienced recently.

Who was involved? _____

Describe the conflict. _____

MY REACTIONS	_____ 's REACTIONS
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Think about what you described above. Which reactions were appropriate?
Which were not appropriate?

APPROPRIATE REACTIONS	INAPPROPRIATE REACTIONS
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What happened next? _____

How did you feel afterwards? _____

What will you do the same or differently next time? _____