## Cesar Chavez



Cesar Chavez wasa Latino Civil Rights leader who spent his life improving working conditions for farm workers. Chavez was bom in Arizona. He left school after the eighth grade and did agric ultural work full-time to help support his family. He was a migrant worker in Califomia, meaning that he moved around, following the work. While laboring in fields, orchards, and vineyards during his youth and into adulthood, he saw firsthand the diffic ult and unfa ir working conditions that farm workers faced.

After a few years serving in the Navy after World War II, he retumed to Califomia in 1948 to mamy Helen Fabela, a young woman he had met while working in fields. He got a job at the San Jose chapter of the Community Service Organization (CSO), the most prominent Latino civil rights group of its time. For ten years, he helped to register voters and worked for equal rights for Latinos.

Influenced by such influential leaders of the time as Mohandas Gandhi and Dr. Martin Luther King, Jr., Chavez wanted to use the practices of peaceful nonviolence to better the working and living conditions of migrant farm workers. So in 1962, he left his work at the CSO and started a union called the National Farm Workers Association.

His union grew slowly. Chavez retumed to working in the fields of Califomia, where he talked to the other workers and tried to convince them to join his union. Many were afraid that if they joined the union they would lose their jobs, or even get beat up. But Chavez continued trying to persuade them. More and more people joined. Chavez referred to his movement to improve working conditions for farm workers as "La Causa", or The Cause.

What was "La Causa?" $\qquad$

Why did CesarChavez take up "La Causa?"

